

## OUR GOALS

### Create Community Connections

Our mission focuses on supporting young children and their families. We are committed to meeting families at local libraries, recreation centers, or their homes to provide essential resources for every child's success.

**HELP** children aged 0-5 get the right screenings (ex. ASQ) and follow up services if needed.

**INVOLVE** more caregivers and families in the screenings and follow up services.

**FIND** better ways to communicate with caregivers and families about how they are feeling and help them with their health and overall well-being.

**BUILD** strong connections within the community to help families find appropriate resources for now and in the future.

**GUIDE** families to the extra support they may need to continue on a path to success.

**WORK** with other like minded organizations to share info and services.



### Our ECD-CHWs Can Help With

**RESOURCES** and suggestions on how to support your child and build their skills.

**REFERRALS** for additional evaluation and assessment when necessary.

**MATERIALS** available to borrow that aid in development.

*We're here to team up with organizations in supporting local families!*

## MEET THE TEAM



### Lyn Schmucker

Lyn Schmucker has a BS in Early Childhood Special Education and an MS in Early Childhood Development and Education. With over 25 years in Early Education, she is passionate about early literacy and enjoys learning and being creative. She is the Program Coordinator at the Whitefield Public Library.



### Alyssalee Antonucci

*Certified Community Health Worker, ASQ Trainer*

Alyssalee Antonucci, CHW, holds a BS in Early Childhood Studies with a minor in Health. She has worked as a lead teacher in early childhood and in dental and healthcare roles before joining the ACHS ECD team. A Littleton native, she is closely connected to her community.



*Founded in 1975, ACHS is a non-profit Federally Qualified Community Health Center with six sites in Northern New Hampshire. With funding from national, state and local sources we deliver high-quality, affordable health care to nearly 10,000 patients in over 26 area towns and are committed to providing integrated health – Medical, Dental, Behavioral – for the entire family. We serve ALL – and no one is ever turned away for inability to pay.*

*This health center receives HHS funding and has Federal Public Health Service (PHS) deemed status with respect to certain health or health-related claims, including medical malpractice claims, for itself and its covered individuals.*



## BUILDING STRONGER COMMUNITIES

# Early Childhood Development COMMUNITY HEALTH WORKERS



Reach out to our Early Childhood Development Community Health Workers to learn more:

**CHILDHOOD@ACHS-INC.ORG**

## FREE SCREENINGS

# HELP YOUR CHILD THRIVE

## AGES & STAGES QUESTIONNAIRES (ASQs)

FOR AGES 1 MONTH – 5.5 YEARS



### Why Early Screening Matters

Developmental screening in early childhood is essential for identifying areas where a child might need additional support. It allows families to connect with community resources early, supporting long-term growth and development.

Screening is beneficial for every child! Your answers will help show your child's strengths and areas where they might need further support.

### Partnering with Families

We believe that building strong partnerships with families is important for every child's growth and success. We work closely with you to support your child's learning journey. We offer a range of resources giving your child the tools they need to thrive. Together, we can create a caring environment where every child can reach their full potential.



### What is the ASQ ?

The ASQ is a questionnaire designed to help you track your child's development. This reliable, research based tool helps families understand how children are growing in key areas like:

- **COMMUNICATION**
- **PHYSICAL ABILITIES**
- **SOCIAL SKILLS**
- **PROBLEM-SOLVING**

### How does the ASQ work ?

**MANY OPTIONS:** Parents or other trusted adults (with parent permission) can fill out the form on paper, online, or together with a trained screener.

**EASY & FUN:** This 10-15 minute questionnaire can be completed with the help of fun activities using simple household materials that we can provide.

**RESULTS:** You get immediate results! These can be passed on to physicians, schools, and associated services at the parent's request.



### Helping Your Child Grow:

*Simple Screenings to Support Their Development*

With the **ASQ-3** and **ASQ-SE-2** screenings, parents get a complete look at how their child is growing.

**ASQ-3:** The ASQ-3 helps families understand how a child is developing in several areas:

- **Communication:** Talking, understanding, language
- **Physical Abilities:** Moving, coordinating, fine motor skills
- **Social Skills:** Interacting with others
- **Problem-Solving Skills:** Thinking critically

**ASQ-SE-2:** The ASQ-SE-2 focuses on a child's social and emotional growth, including:

- **Emotional Regulation:** Handling feelings and behaviors
- **Social Communication:** Engaging with family and friends
- **Adaptability:** Adjusting to new places or situation

### Connect with Our ECD-CHWs

Our ECD-CHWs are here to help you complete the questionnaires, either in person or on Zoom.

For more flexibility, you can also complete both questionnaires on your own by scanning the QR code provided. This way, you can work at your own pace and on your own time.



Feel free to reach out and connect with our ECD-CHWs today!

Reach out to our Early Childhood Development  
Community Health Worker to learn more:

**CHILDHOOD@ACHS-INC.ORG**