

COVERAGE MAP

food as medicine



THE ACHS PORTABLE TEACHING KITCHEN



WHAT IS IT?

A mobile kitchen that brings hands-on cooking, easy recipes, and nutrition tips all in a fun, supportive setting.



WHAT WE OFFER:

Fun cooking demos, hands-on lessons, and easy tips to help families make healthy meals, save money, and build lasting habits.



WHY IT MATTERS:

Learning to cook simple, healthy meals helps people take control of their health reminding them they're not alone on the journey to wellness.

COOS COUNTY

- | | |
|-------------|----------------|
| Berlin | Lancaster |
| Carroll | Milan |
| Clarksville | Northumberland |
| Colebrook | Pittsburg |
| Columbia | Randolph |
| Dalton | Shelburne |
| Dummer | Stark |
| Errol | Stewartstown |
| Gorham | Stratford |
| Jefferson | Whitefield |

GRAFTON COUNTY

- | | |
|-------------|-------------------|
| Lebanon | Holderness |
| Alexandria | Landaff |
| Ashland | Lincoln |
| Bath | Lisbon |
| Benton | Littleton |
| Bethlehem | Lyman |
| Bridgewater | Lyme |
| Bristol | Monroe |
| Campton | Orange |
| Canaan | Orford |
| Dorchester | Piermont |
| Easton | Plymouth |
| Ellsworth | Rumney |
| Enfield | Sugar Hill |
| Franconia | Thornton |
| Grafton | Warren |
| Groton | Waterville Valley |
| Hanover | Wentworth |
| Haverhill | Woodstock |
| Hebron | |

Stronger communities. One meal at a time.

SCAN THE QR CODE or visit Ammonoosuc.org to learn more.

Let's make a difference—together.



Ammonoosuc Comm Health Services, Inc.
25 Mount Eustis Road
Littleton, NH 03561
603-444-2464
Ammonoosuc.org

