

## Welcome to ACHS • Meet Our Providers



ACHS-WOODSVILLE • 79 Swiftwater Road • 603.747.3740



**Sarah Blanchard, PA-C**  
**Family Practice**

Other Healthcare Interests:  
Acute Care • Chronic Disease  
Management • Women's Health



**Sarah Moltini, MD**  
**Family Practice**

Other Healthcare Interests:  
Rural Health care needs  
Public Health • Adolescent Care  
Geriatrics • Travel & Tropical  
Medicine



**Judith Santy, LICSW**  
**Behavioral Health**

Other Healthcare Interests:  
Trauma • Grief and Loss  
Geriatrics



**Aaron Solnit, MD**  
**Family Practice**

Other Healthcare Interests:  
Prenatal Care • Pediatrics  
Women's Health • Sports  
Medicine • Musculoskeletal  
Medicine



**Loren Solnit, MD**  
**Pediatrics**

Other Healthcare Interests:  
Neonatology • Adolescent  
Medicine • Behavioral Health



ACHS-WHITEFIELD • 14 King Square • 603.837.2333



**Katrina Colby, APRN**  
**Family Practice**

Other Healthcare Interests:  
Diabetes Management &  
Education • Contraceptive  
Management • Cancer Screening  
& Prevention



**Amy Page, APRN**  
**Family Practice**

Other Healthcare Interests:  
Chronic Disease Management  
Women's Health • Geriatrics



**Sarah Young-Xu, MD**  
**Medical Director**

**Family Practice**  
Other Healthcare Interests:  
Women's Health • Prenatal Care  
Pediatrics • Colposcopy  
Hospice & Palliative Care



## Patient Navigators

Patient navigators help you find the medical, behavioral and social services you need. Once you are a patient, your provider can connect you with this valuable resource.

Patient navigators can help you with:

- Eligibility for sliding fee scale\*
- Medication assistance
- Referrals to legal aid
- Health Insurance Marketplace
- Referrals to many community resources

*\*Uninsured patients may be eligible for the ACHS sliding fee scale. Discounts on lab tests and prescriptions may also be available.*

## Expanded Access

All of our sites are open Monday - Friday from 8 am to 5 pm. Patients of ACHS from all sites have access to additional hours at:

ACHS-Littleton  
Saturdays from 9 am to 4 pm - **temporarily unavailable due to staffing shortages**

ACHS-Franconia  
Tuesday evenings  
until 6 pm

Call 603.444.2464 for an appointment.

An ACHS provider is on call 24/7 for emergencies. For matters such as refills, test results, and all other concerns, please call the office during business hours.



**ACHS**

**ACHS has been offering Quality,  
Affordable Health Care Since 1975**

Founded in 1975, Ammonoosuc Community Health Services is a nonprofit community health center offering a network of affordable primary health services. Our programs promote and support the well-being of individuals and families by emphasizing preventive care and encouraging active participation in one's own health.

ACHS serves 26 New Hampshire towns in northern Grafton and southern Coos counties. Clinical teams, made up of doctors, nurse practitioners or physician assistants supported by nurses and medical assistants, provide comprehensive services on a sliding-fee scale to over 10,000 patients.

*ACHS receives HHS funding and has Federal Public Health Service (PHS) deemed status with respect to certain health or health-related claims, including medical malpractice claims, for itself and its covered individuals.*

## Ammonoosuc Community Health Services, Inc.



Sarah Young-Xu, MD  
Medical Director  
ACHS-Woodsville



## ACHS Providers & Locations

Littleton • Franconia • Warren • Whitefield • Woodsville  
www.ammonoosuc.org



ACHS-LITTLETON • 25 Mt. Eustis Road •



ACHS-WARREN • Route 25, Main St. • 603.764.5704



Photo Courtesy Joe St. Pierre

ACHS-FRANCONIA • 1095 Profile Rd. • Suite B. 603.823.7078



**Heidi Behrendt, LICSW**  
**Behavioral Health**  
 Other Healthcare Interests:  
 Depression • Anxiety • PTSD & Military Social Work • Children • Families • Co-Occurring Issues



**Lisa Bujno, APRN**  
**Assistant Medical Director**  
**Family Practice**  
 Other Healthcare Interests:  
 Acute Care • ENT Health Maintenance



**Lili Cargill, Psych-APRN**  
**Behavioral Health Director**  
**Behavioral Health**  
 Other Healthcare Interests:  
 Adult Behavioral Health Geriatric Behavioral Health



**Pamela Comeau, Psych-APRN**  
**Behavioral Health**  
 Other Healthcare Interests:  
 Adult Behavioral Health Grief Counseling • Family Loss PTSD • Depression • Addiction



**David Ferris, DO**  
**Family Practice**  
 Other Healthcare Interests:  
 Chronic Disease Management Primary Care Prevention Diabetes • Depression Musculoskeletal Disorders



**David Nelson, DO, MBA**  
**Family Practice**  
 Other Healthcare Interests:  
 Chronic Disease Prevention & Management



**Stephen Noyes, LICSW**  
**Behavioral Health**  
 Other Healthcare Interests:  
 Chronic Disease Management Grief Counseling • Family Loss PTSD • Depression • Addiction



**Stephanie Olivares, APRN**  
**Family Practice**  
 Other Healthcare Interests:  
 Pediatrics & Adolescent Care • Chronic Care • Public & Rural Health



**Colleen Sullivan, Psych-APRN**  
**Behavioral Health**  
 First Episode Psychosis • Bipolar Spectrum Disorders • Community Psychiatry Outreach



**Jessica Thibodeau, APRN**  
**Family Practice**  
 Other Healthcare Interests:  
 Prenatal Care • Women's Health



**Caitlin O'Donnell, MD**  
**Family Practice**  
 Other Healthcare interests:  
 Prenatal Care • Pediatrics



**Elizabeth Newton, APRN**  
**Family Practice**  
 Women's Health • Asthma Management • Hypertension



For more information on ACHS providers and services, visit the ACHS website at: [www.ammonoosuc.org](http://www.ammonoosuc.org)



**Melissa Buddensee, MD**  
**Family Practice**  
 Other Healthcare Interests:  
 Chronic Disease Management Women's Health • Pediatrics



**Danielle McClure-Beaulieu, PA-C**  
**Family Practice**  
 Other Healthcare Interests:  
 Chronic Disease Management Substance Misuse • Recovery Community Outreach



ACHS is a full service Federally Qualified Health Center specializing in:  
*Primary Care for all ages*  
*Women's Health • Chronic Disease Management*  
*Behavioral Health*  
 We offer complete, affordable health care at five community locations, and a sliding fee for those who qualify.

To become a new patient, call our New Patient Coordinator toll-free at 1-866-201-5076  
 Visit us online at [www.ammonoosuc.org](http://www.ammonoosuc.org)