Welcome to ACHS • Meet Our Providers





Sarah Blanchard, PA-C
Family Practice
Other Healthcare Interests:
Acute Care • Chronic Disease
Management • Women's Health



Patricia Pratt, MD Internal Medicine Other Healthcare Interests: Chronic Disease Management Hospice & Palliative Care



Judith Santy, LICSW

Behavioral Health

Other Healthcare Interests:
Trauma • Grief and Loss
Geriatrics



Aaron Solnit, MD
Family Practice
Other Healthcare Interests:
Prenatal Care • Pediatrics
Women's Health • Sports
Medicine • Musculoskeletal
Medicine



Loren Solnit, MD
Pediatrics
Other Healthcare Interests:
Neonatology •Adolescent
Medicine • Behavioral Health





Kristen Crowley, LICSW
Behavioral Health
Other Healthcare Interests:
Adolescents • Anxiety
Grief and Loss



Robin Hallquist, MD
Family Practice
Other Healthcare Interests:
Acute Care • Chronic Disease
Management • Women's Health



Amy Page, APRN
Family Practice
Other Healthcare Interests:
Chronic Disease Management
Women's Health • Geriatrics



Sarah Young-Xu, MD
Medical Director
Family Practice
Other Healthcare Interests:
Women's Health • Prenatal Care
Pediatrics • Colposcopy
Hospice & Palliative Care



Patient Navigators

Patient navigators help you find the medical, behavioral and social services you need. Once you are a patient, your provider can connect you with this valuable resource.

Patient navigators can help you with:

- · Eligibility for sliding fee scale*
- Medication assistance
- Referrals to legal aid
- Health Insurance Marketplace
- Referrals to many community resources

*Uninsured patients may be eligible for the ACHS sliding fee scale. Discounts on lab tests and prescriptions may also be available.

Expanded Access

All of our sites are open Monday - Friday from 8 am to 5 pm. Patients of ACHS from all sites have access to additional hours at:

ACHS-Littleton Monday -Friday until 5:30 pm Saturdays from 9 am to 4 pm

ACHS-Woodsville Monday, Tuesday & Thursday evenings until 6 pm Call 603.444.2464 for an appointment.

All ACHS Patients have access to a provider 24/7 outside of normal business hours - call 603.444.2464



ACHS has been offering Quality, Affordable Health Care Since 1975

Founded in 1975, Ammonoosuc Community Health Services is a nonprofit community health center offering a network of affordable primary health services. Our programs promote and support the wellbeing of individuals and families by emphasizing preventive care and encouraging active participation in one's own health.

ACHS serves 26 New Hampshire towns in northern Grafton and southern Coos counties. Clinical teams, made up of doctors, nurse practitioners or physician assistants supported by nurses and medical assistants, provide comprehensive services on a sliding-fee scale to over 10,000 patients.

ACHS receives HHS funding and has Federal Public Health Service (PHS) deemed status with respect to certain health or health-related claims, including medical malpractice claims, for itself and its covered individuals.

Revised 04.19.2021





Heidi Behrendt, LICSW
Behavioral Health
Other Healthcare Interests:
Depression • Anxiety • PTSD &
Military Social Work • Children •
Families • Co-Occuring Issues



Lisa Bujno, APRN

Assistant Medical Director

Family Practice
Other Healthcare Interests:
Acute Care • ENT
Health Maintenance



Lili Cargill, Psych-APRN
Behavioral Health Director
Behavioral Health
Other Healthcare Interests:
Adult Behavioral Health
Geriatric Behavioral Health



Pamela Comeau, Psych-APRN
Behavioral Health
Other Healthcare Interests:
Adult Behavioral Health
Grief Counseling • Family Loss
PTSD • Depression • Addiction



Samanath Cyrs APRN
Family Practice
Other Healthcare Interests:
Family Practice • Holistic & Acute
care • Family Planning
Chronic Disease Management
Pediatric Health Maintenance



Nicole Fischler, APRN
Family Practice
Other Healthcare Interests:
Asthma • Smoking Cessation
Depression • Diabetes • Nutrition •
Exercise • Holistic Health



David Ferris, DO
Family Practice
Other Healthcare Interests:
Chronic Disease Management Primary
Care Prevention
Diabetes • Depression
Musculoskeletal Disorders



Joshua Gleiner, PA-C Family Practice Other Medical Interests: Urgent Care • Orthopedics • Integrative/holistic medicine



David Nelson, DO, MBA Family Practice Other Healthcare Interests: Chronic Disease Prevention & Management



Stephen Noyes, LICSW
Behavioral Health
Other Healthcare Interests:
Chronic Disease Management
Grief Counseling • Family Loss
PTSD • Depression • Addiction



Collen Sullivan, MPHNP, MSN
Behavioral Health
First Episode Psychosis • Bipolar
Spectrum Disorders • Community
Psychiatry Outreach



Jessica Thibodeau, APRN
Family Practice
Other Healthcare Interests:
Prenatal Care • Women's Health





Caitlin O'Donnell, MD Family Practice Other Healthcare interests: Prenatal Care • Pediatrics



Elizabeth Newton, APRN
Family Practice
Women's Health •Asthma
Management • Hypertension





Kathleen Takach, DMD, MPH
Dentist - ACHS Traveling Team
Other Healthcare Interests:
Preventive Oral Public Dental Care



Katie Latulip, CPHDH
Certified Public Health Dental
Hygienist
Other Healthcare Interests:
ACHS Traveling Dental Team
Educational Outreach





Melissa Buddensee, MD Family Practice Other Healthcare Interests: Chronic Disease Management Women's Health • Pediatrics



Danielle McClure-Beaulieu, PA-C Family Practice Other Healthcare Interests: Chronic Disease Management Substance Misuse • Recovery Community Outreach



ACHS is a full service Federally Qualified Health Center specializing in: Primary Care for all ages Women's Health • Chronic Disease Management Behavioral Health • Dental & Oral Health Care

We offer complete, affordable health care at five community locations, and a sliding fee for those who qualify.

To become a new patient, call our New Patient

Coordinator toll-free at 1-866-201-5076

Visit us online at www.ammonoosuc.org







