Help to reach your health care goals!



ACHS Patient Navigators provide the assistance you need to find resources that can help.

Figuring out where to find the resources you need to get assistance for insurance, housing, financial aid and related services can be overwhelming. Fortunately, ACHS has a team of Patient Navigators to guide you in locating the right resources to help you get and stay healthy. These services are available to ACHS patients and their families FREE of charge. Just ask your provider, our Patient Access Specialists or call 603-444-2464.

ACHS Navigation Services

- Applying for Medicaid, Food & Financial Assistance
- Assist with Medical Transportation
- Advance Directives & Living Wills
- Financial, Housing and Legal Resources
- Assistance with the Insurance Marketplace and more...

Speak to your provider to learn more about ACHS Navigation! Founded in 1975, Ammonoosuc Community Health Services is a nonprofit community health center offering a network of quality, affordable primary health services. Our programs promote and support the well-being of individuals and families by emphasizing preventive care and encouraging active participation in one's own health. ACHS serves 26 towns in northern Grafton and southern Coos counties and has sites located in Littleton, Franconia, Whitefield, Warren and Woodsville. We provide comprehensive services, regardless of one's ability to pay, to nearly 10,000 patients.

ACHS receives HHS funding and has Federal Public Health Service (PHS) deemed status with respect to certain health or health-related claims, including medical malpractice claims, for itself and its covered individuals.

Ammonoosuc Community Health Services, Inc.

25 Mount Eustis Road, Littleton, NH 03561 603.444.2464 • www.ammonoosuc.org



ACHS Services



Patient Navigation

Connecting you to the resources you need to stay healthy



ACHS patient support

Ammonoosuc Community Health Services, Inc.

02.01.2021

ACHS_38

Help finding services you need

Are there obstacles in the way of getting the help you need?

Locating resources to help you get and stay happy and healthy shouldn't be difficult. But sometimes, no matter which way you turn, there are obstacles in the way of getting the help you need. Support and guidance can make it easier!

We can lead the way!

ACHS has a team of Patient Navigators who are specially trained to help patients and their families find their way through the health care system. They ensure each patient's individual needs are understood and addressed, and know who, how and where to find help. They'll guide you to the right resources and assist you in successfully using them.

The most important role of Patient Navigators is to ensure patients needing assistance receive it in a timely manner. Patient navigators partner with you and play an integral role in helping patients and families achieve better overall health outcomes.



Patient Navigators will meet with you to find and help eliminate the barriers to care.

Patient Navigators can assist with:

- Medicaid Applications
- Sliding-Fee Applications
- Insurance Marketplace
- Advance Directives & Living Wills



Just like a reliable compass, ACHS Patient Navigators can guide you to find available resources to help you stay safe and healthy through complicated health care environments.

• Financial, Housing, Legal Aid and More..

ACHS Patient Navigators can connect you to services available and will assist you in selecting the right organization for your individual needs. You can find help with the following:

- Medicaid & NH Services Applications Unsure if you qualify for Medicaid? Not sure what is needed to apply for financial state services? We can help.
- Finding Transportation Need help finding transportation for your medical appointments? We'll help coordinate rides for you.
- Advanced Directives & Living Wills Need an Advanced Directive to let your provider or others know your health care wishes? Need a living will or medical

proxy? ACHS can assist and even notarize.

- Understanding Insurance Coverage Our Patient Navigators are Certified Application Counselors (CAC) specializing in understanding options for insurance coverage on the Health Insurance Marketplace.
- Food, Legal & Housing Assistance If you need legal or housing assistance, or are having a hard time with food insecurity, we can help you find resources to help.
- Affordable Eye Exams & Glasses Patient Navigators also coordinate the ACHS affordable vision program which works with local optometrists to get you affordable eye exams and glasses.

Patient Navigation Services Are FREE!

Call 603-444-2464 to talk to a Patient Navigator today!

Ask your provider or call our Patient Navigators directly for an appointment.

