

Welcome to ACHS • Meet Our Providers



ACHS-WOODSVILLE • 79 Swiftwater Road • 603.747.3740



Karen Bonhote, APRN
Behavioral Health
Other Healthcare Interests:
Geriatric Psychiatry
Bereavement



Alexandria Noble, APRN
Family Practice
Other Healthcare Interests:
Women's Health
Prenatal Care
Pediatrics



Patricia Pratt, MD
Internal Medicine
Other Healthcare Interests:
Chronic Disease Management
Hospice & Palliative Care



Aaron Solnit, MD
Family Practice
Other Healthcare Interests:
Prenatal Care • Pediatrics
Women's Health
Sports Medicine
Musculoskeletal Medicine



Loren Solnit, MD
Pediatrics
Other Healthcare Interests:
Neonatology
Adolescent Medicine
Behavioral Health



ACHS-WHITEFIELD • 14 King's Square • 603.837.2333



Imelyn Fernandez, MD
Family Practice
Other Healthcare Interests:
Chronic Disease Management
Women's Health



Evelyn Hagan, APRN
Family Practice
Other Healthcare Interests:
Chronic Disease Management
Preventive Health



Sarah Young-Xu, MD
ACHS Medical Director
Family Practice
Other Healthcare Interests:
Women's Health • Prenatal Care
Pediatrics • Colposcopy
Hospice & Palliative Care

Patient Navigators

Patient navigators help you find the medical, behavioral and social services you need. Once you are a patient, your provider can connect you with this valuable resource.

Patient navigators can help you with:

- Eligibility for sliding-fee scale*
- Medication assistance
- Referrals to legal aid
- Health Insurance Marketplace
- Referrals to many community resources

**Uninsured patients may be eligible for the ACHS sliding-fee scale. Discounts on lab tests and prescriptions may also be available.*

Expanded Access

All of our sites are open Monday - Friday from 8 am to 5 pm. Patients of ACHS from all sites have access to additional hours at:

ACHS-Littleton
Saturdays from 9 am to 4 pm

ACHS Pharmacy
Monday - Friday 8 am - 6:30 pm
Saturday 9 am to 4 pm

ACHS-Woodsville
Monday, Tuesday, Thursday & Friday evenings
until 7 pm
Call 444-2464 for an appointment.

All ACHS Patients have access to a provider 24/7
outside of normal business hours



**ACHS has been offering Quality,
Affordable Health Care Since 1975**

Founded in 1975, Ammonoosuc Community Health Services is a nonprofit community health center offering a network of affordable primary health services. Our programs promote and support the well-being of individuals and families by emphasizing preventive care and encouraging active participation in one's own health.

ACHS serves 26 New Hampshire towns in northern Grafton and southern Coos counties. Clinical teams, made up of doctors, nurse practitioners or physician assistants supported by nurses and medical assistants, provide comprehensive services on a sliding-fee scale to over 10,000 patients.

Ammonoosuc Community Health Services, Inc.



Melissa Buddensee, MD
ACHS-Franconia



ACHS Providers & Locations

Littleton • Franconia • Warren • Whitefield • Woodsville
www.ammonoosuc.org



ACHS-LITTLETON • 25 Mt. Eustis Road • 603.444.2464



Julianne Bailey, LCMHC, NCC
Behavioral Health
 Other Healthcare Interests:
 Anxiety • Anger Management
 Trauma • Domestic Violence
 Parenting Issues
 Play Therapy



Damian-Anthony Canuto,
PharmD, RPh
Pharmacy
 Other Healthcare Interests:
 Medication Management



David Nelson, DO, MBA
Family Practice
 Other Healthcare Interests:
 Chronic Disease Management



Nicole Fischler, APRN
Family Practice
 Other Healthcare Interests:
 Asthma • Smoking Cessation
 Depression • Diabetes
 Nutrition • Exercise
 Holistic Health



Lisa Bujno, MSN, APRN
ACHS Assistant Medical Director
Family Practice
 Other Healthcare Interests:
 Acute Care • ENT
 Health Maintenance



Joshua Gleiner, PA-C
Family Practice
 Other Medical Interests:
 Urgent Care
 Orthopedics
 integrative/holistic medicine



Stephen Noyes, LICSW
Behavioral Health
 Other Healthcare Interests:
 Chronic Disease Management
 Grief Counseling • Family Loss
 PTSD • Depression • Addiction



Glenda Reynolds, DDS
Dental & Oral Health
 Other Healthcare Interests:
 Preventive & Restorative Dentistry



Kathleen Smith, MD
Family Practice
 Other Healthcare Interests:
 Chronic Disease Management
 Geriatrics • Medical Acupuncture
 Stress Reduction



Jessica Thibodeau, APRN
Family Practice
 Other Healthcare Interests:
 Prenatal Care
 Women's Health



Ann Whitehead, RPh
Pharmacy
 Other Healthcare Interests:
 Medication Management



ACHS-FRANCONIA • 155 Main Street • 603.823.7078



Barbara Ford, APRN
Family Practice
 Other Healthcare Interests:
 Chronic Disease Management
 Women's Health



Nataliya Sundina, PA
Family Practice
 Other Healthcare Interests:
 Chronic Disease Management
 Pediatrics
 Women's Health



Melisaa Buddensee, MD
Family Practice
 Other Healthcare Interests:
 Chronic Disease Management
 Women's Health
 Pediatrics



ACHS-WARREN • Route 25, Main St. • 603.764.5704



Caitlin O'Donnell, MD
Family Practice
 Other Healthcare interests:
 Prenatal Care
 Pediatrics



Elizabeth Newton, APRN
Family Practice
 Women's Health
 Asthma Management
 Hypertension

"I am passionate about providing comprehensive and compassionate care to my patients of all ages. I strive to educate and encourage my patients to become active members of their health care team. Working in a Community Health Center setting allows me to give back to the communities in which I grew up in and offers a patient centered approach to care."

-- Elizabeth Newton, ACHS APRN

ACHS is a full service Federally Qualified Health Center specializing in:
 Primary Care for all ages
 Prenatal Care • Women's Health
 Chronic Disease Management
 Behavioral Health • Pharmacy Services
 Dental & Oral Health Care

ACHS offers complete, affordable health care at five convenient community locations. We offer a sliding-fee scale for uninsured patients who qualify. To become a new patient, call our New Patient In-take Specialist toll-free at 1-866-201-5076 and get the health care you need! Visit us online at www.ammonoosuc.org.